



15<sup>th</sup> June 2018

Dear Parent/Carer

I am writing to you to let you know as part of the school's Personal, Social and Health Education programme your child will soon receive lessons on puberty, relationships (Y5) and human reproduction (Y6).

The purpose of Sex and Relationship Education (SRE) is to provide knowledge and understanding of how the human body changes during puberty, personal hygiene and the processes of human reproduction, within the context of relationships based on love and respect. It should develop understanding and attitudes which will help pupils to form relationships in a responsible and healthy manner and to appreciate the value of stable family life, including the responsibilities of parenthood and marriage.

If young people can start their transition into adulthood with good information and the confidence and knowledge to understand what is happening to them, they will hopefully grow into confident and healthy adults able to make positive choices. This can start with learning the basics about growing up and the sessions in school may reinforce what you are already doing at home.

The key aims of SRE are to:

- 1 Provide accurate and relevant information about the physical and emotional changes that children and young people will experience through their formative years and into adulthood.
- 2 Establish an awareness of the importance of stable family life and relationships, including the responsibilities of parenthood and marriage.
- 3 Foster self-awareness and self-esteem.
- 4 Develop a sense of responsibility and respect for themselves and others.

I will deliver the lessons with assistance from the Year 5 & 6 teachers and LSA's. Should you have any questions or concerns please contact me by email [jonesv@sgse.co.uk](mailto:jonesv@sgse.co.uk) in order to arrange a meeting in school.

For further information, please find enclosed a leaflet entitled SRE & Parents, published by the Department for Education and Skills.

Yours sincerely

Mrs V Jones  
School Nurse

